The chart shown below is provided for general information only and summarizes the basic nondiscrimination rules for group health plans and cafeteria plans. It is not meant to be all-inclusive.

Self-funded (self-insured) plans must comply with existing nondiscrimination rules under Section 105(h) of the Internal Revenue Code (Code).

**Note:** In the future, the Affordable Care Act may add rules similar to Section 105(h) to nongrandfathered insured plans. This item has been delayed pending the release of IRS regulations.

Additionally, any group health plan – whether insured or self-insured – that is offered through a pretax cafeteria plan must comply with existing nondiscrimination rules under Section 125 of the Code.

The IRS regulates and enforces the Code’s nondiscrimination rules and may conduct plan audits. IRS regulations set forth rules and testing requirements for employers to ensure compliance. Employers are encouraged to review their plans with legal counsel and tax advisors that offer nondiscrimination testing services for benefit plans.

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### Table of Group Plan Nondiscrimination Rules

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<tr>
<th>Section 125 Cafeteria Plan Rules</th>
<th>Section 105(h) Health Plan Rules</th>
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<tbody>
<tr>
<td><strong>Definitions</strong></td>
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</tr>
<tr>
<td>Highly Compensated Individuals (HCI):</td>
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</tr>
<tr>
<td>An officer of the company;</td>
<td>One of the five highest-paid officers;</td>
</tr>
<tr>
<td>A more than 5% shareholder;</td>
<td>A more than 10% shareholder; or</td>
</tr>
<tr>
<td>An employee paid more than $115,000; or</td>
<td>One of the highest-paid 25% of all employees.</td>
</tr>
<tr>
<td>A spouse/dependent of any of the above.</td>
<td><strong>Note:</strong></td>
</tr>
<tr>
<td><strong>Key Employees:</strong></td>
<td>Non-employees (e.g., more-than-2% shareholders of an S-Corp, partners in LLPs, members of LLCs, and their spouses/relatives) usually can participate in health plans only on an aftertax basis. Refer to legal counsel for details.</td>
</tr>
<tr>
<td>An officer paid more than $170,000 (2014);</td>
<td></td>
</tr>
<tr>
<td>An employee who is either a 5% owner of the business or is a 1% owner paid more than $150,000; or</td>
<td></td>
</tr>
<tr>
<td>A spouse/relative of any of the above.</td>
<td></td>
</tr>
</tbody>
</table>

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<tr>
<td>Note:</td>
<td>Non-employees (e.g., more-than-2% share-holders of an S-Corp, partners in LLPs, members of LLCs, and their spouses/relatives) are prohibited from participating in a cafeteria plan.</td>
<td>Related employers (controlled groups and affiliated service groups) are combined under the nondiscrimination rules.</td>
</tr>
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<td></td>
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<tr>
<td>Nondiscrimination Rules:</td>
<td>Generally, the nondiscrimination rules for cafeteria plans:</td>
<td>Generally, the nondiscrimination rules for self-insured health plans:</td>
</tr>
<tr>
<td></td>
<td>- Require the plan to benefit a class of employees that does not discriminate in favor of HCIs;</td>
<td>- Prohibit providing any benefit to HCIs unless the same benefit is available to non-HCIs; and</td>
</tr>
<tr>
<td></td>
<td>- Prohibit discriminating in favor of HCIs with respect to benefits and contributions; and</td>
<td>- Prohibit discriminating in favor of HCIs in design or operation, based on facts and circumstances.</td>
</tr>
<tr>
<td></td>
<td>- Limit the nontaxable benefits provided to Key Employees to no more than 25% of the total nontaxable benefits.</td>
<td>For employers offering multiple plans, the rules usually apply separately to each self-funded health plan.</td>
</tr>
<tr>
<td></td>
<td>A “premium only plan“ usually avoids the need for complex testing under an IRS safe harbor provision. Special relief also is offered for small employer plans (see “Simple Cafeteria Plans“ below).</td>
<td></td>
</tr>
<tr>
<td>Nondiscrimination Tests:</td>
<td>Eligibility Test: Tests whether the cafeteria plan is offered on a nondiscriminatory basis:</td>
<td>Eligibility Test: The self-insured health plan must satisfy any one of the following three tests:</td>
</tr>
<tr>
<td></td>
<td>- Waiting period does not exceed three years and the same waiting period applies to HCIs and non-HCIs;</td>
<td>- Benefit 70% or more of all non-excludable employees;</td>
</tr>
<tr>
<td></td>
<td>- Entry into the plan is not delayed (if any required waiting period is met); and</td>
<td>- Benefit 80% or more of eligible employees if 70% or more of all non-excludable employees are eligible; or</td>
</tr>
</tbody>
</table>
### Section 125 Cafeteria Plan Rules

**Nondiscrimination Tests:**

- Benefit a classification of employees that does not discriminate in favor of HCs. The classification must be based upon a bona fide employment classification consistent with the employer’s usual business practice.

**Examples:** Full-time versus part-time status, current versus former employee status, different geographic location, occupation type, date of hire, and length of service.

**Concentration Test:**
Tests whether the cafeteria plan benefits Key Employees disproportionately. Plan will fail the test if the nontaxable benefits provided to Key Employees exceed 25% of the total nontaxable benefits provided under the plan.

**Additional Tests:**
Additional tests are required for cafeteria plans that include Health Care FSA and/or a Dependent Care Account. A Health Care FSA, a type of self-funded health plan, also is subject to nondiscrimination rules under Section 105(h) of the Code.

**Contributions and Benefits Test:**
Tests for the following:

- Employer contributions and benefits are available on a nondiscriminatory basis;
- Benefits are not elected disproportionately by HCs; and
- Plan is nondiscriminatory on its face and in operation.

**Benefits Test:**
Tests whether the self-insured health plan is nondiscriminatory on its face and in operation and looks at the following criteria:

- Required employee contribution levels are the same for HCs and non-HCs for each benefit level;
- Maximum benefit level (e.g., employer contribution) does vary based on age, years of service, or compensation;
- Same type of medical expenses are reimbursable for HCs and non-HCs; and
- Eligibility waiting periods are uniform for HCs and non-HCs.

**Excludable Employees:**
Certain employees may be excluded from nondiscrimination testing if they also are excluded under the health plan:

- Employees with fewer than three years of service;

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### Section 105(h) Health Plan Rules

- Benefit a classification of employees that does not discriminate in favor of HCs. The classification must be based upon a bona fide employment classification consistent with the employer’s usual business practice.

**Examples:** Full-time versus part-time status, current versus former employee status, different geographic location, occupation type, date of hire, and length of service.

**NOTE:** This classification must also be considered nondiscriminatory based on a certain safe harbor percentage rate determined in IRS regulations. If using this test, consult with legal counsel first.

**Contributions and Benefits Test:**
Tests for the following:

- Employer contributions and benefits are available on a nondiscriminatory basis;
- Benefits are not elected disproportionately by HCs; and
- Plan is nondiscriminatory on its face and in operation.

**Benefits Test:**
Tests whether the self-insured health plan is nondiscriminatory on its face and in operation and looks at the following criteria:

- Required employee contribution levels are the same for HCs and non-HCs for each benefit level;
- Maximum benefit level (e.g., employer contribution) does vary based on age, years of service, or compensation;
- Same type of medical expenses are reimbursable for HCs and non-HCs; and
- Eligibility waiting periods are uniform for HCs and non-HCs.

**Excludable Employees:**
Certain employees may be excluded from nondiscrimination testing if they also are excluded under the health plan:

- Employees with fewer than three years of service;
## SUMMARY OF GROUP PLAN NONDISCRIMINATION RULES

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<tr>
<th>Nondiscrimination Tests: (continued)</th>
<th>Section 125 Cafeteria Plan Rules</th>
<th>Section 105(h) Health Plan Rules</th>
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<tbody>
<tr>
<td>Excludable Employees:</td>
<td>A Dependent Care Account also is subject to nondiscrimination rules under Section 129 of the Code.</td>
<td>Employees who have not attained age 25; Part-time employees (generally defined as those working fewer than 35 hours/week if others regularly work 40 hours/week); Employees covered by a collective bargaining agreement; Non-resident aliens with no U.S. source income.</td>
</tr>
<tr>
<td></td>
<td>Certain employees may be excluded from nondiscrimination testing if they also are excluded from the cafeteria plan:</td>
<td></td>
</tr>
<tr>
<td></td>
<td>‣ Employees with fewer than three years of service; and</td>
<td></td>
</tr>
<tr>
<td></td>
<td>‣ Employees (except Key Employees) covered by a collective bargaining agreement.</td>
<td></td>
</tr>
<tr>
<td>Employees with no U.S. source income and COBRA participants are not included for testing.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nondiscrimination testing can be done at any time during the plan year and must be performed as of the last day of the plan year, including all former employees who were employees on any day during the plan year.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Noncompliance Consequences

- If the plan fails the nondiscrimination tests, HCl's and Key Employees may lose the favorable tax treatment of the plan. The value of the taxable benefits will be included in the HCI's (or Key Employee's) gross income for tax purposes.
- The plan continues to be valid as a pretax cafeteria plan. Employees who are not HCl's or Key Employees are not affected by the failure to pass the nondiscrimination tests.

- Self-Insured Plans (effective now): Amounts considered to be discriminatory benefits (“excess reimbursements”) are included in the HCI's gross income for tax purposes. Non-HCIs are not affected.
- Proposed penalty for nongrandfathered Insured Plans (effective date TBD): No HCI penalty. Penalties fall to employer and include an excise tax of $100 per day per individual discriminated against, a civil penalty of $100 per day per individual discriminated against, and/or civil action. The excise tax is capped at the lesser of $500,000 or 10% of the employer's prior year health plan costs.

### Reference Resource:

- 26 U.S. Code § 125 - Cafeteria plans
- IRS Publication 15-B Regarding Cafeteria Plans
- 26 U.S. Code § 105 - Amounts received under accident and health plans
**Simple Cafeteria Plans:**

The Affordable Care Act created a simpler plan for eligible smaller employers meeting contribution requirements and eligibility and participation requirements. A “Simple Cafeteria Plan” is treated as meeting the nondiscrimination requirements of Section 125 for cafeteria plans.

**Eligibility:**
Employer with an average of 100 or fewer employees during either of the two preceding years, or if the business was not in existence throughout the preceding year, the employer is eligible if it reasonably expects to employ an average of 100 or fewer employees in the current year. Also, if a Simple Cafeteria Plan is established in a year in which an average of 100 or fewer employees are employed, the employer remains eligible for subsequent years as long as it does not employ an average of 200 or more employees.

**Participation:**
All employees who had at least 1,000 hours of service for the preceding plan year are eligible to participate and each employee eligible to participate in the plan may elect any benefit available under the plan.

Employers may elect to exclude employees who:

- Are under age 21 before the close of the plan year,
- Have less than 1 year of service as of any day during the plan year,
- Are covered under a collective bargaining agreement, or
- Are nonresident aliens working outside the United States whose income did not come from a U.S. source.

**Contribution requirements:**
Employers must make a contribution to provide qualified benefits on behalf of each qualified employee in an amount equal to:

1. A uniform percentage (not less than 2%) of the employee’s compensation for the plan year, or
2. An amount which is at least 6% of the employee’s compensation for the plan year or twice the amount of the salary reduction contributions of each qualified employee, whichever is less.

If the contribution requirements are met using option (2), the rate of contribution to any salary reduction contribution of a highly compensated or key employee cannot be greater than the rate of contribution to any other employee.